

RESERVE OFFICER SEMINAR/SHOOT

On Saturday, August 17, 2024 the Iowa State Reserve Law Officers Association will hold an eight-hour training seminar at the Marshall County Sheriff's Office. This seminar will be offered for a maximum of 60 officers.

FRIDAY, AUGUST 16

6:00 p.m. - ??

Fun/Combat, force on force, style shoot under the lights

(Participants need to provide their own weapon and ammunition)

SATURDAY, AUGUST 17

8:00 a.m. - 12:00 noon

Mental Resiliency For Law Enforcement Officers. This training is to enhance the ability of officers to withstand pressures, take counter actions, recover from experiences through acceptance and grow stronger from those experiences.

12:00 Noon - 1:00 p.m.

Lunch at the Marshall County Sheriff's Office

1:00 p.m. - 5:00 p.m.

Mental Resiliency For Law Enforcement Officers...Continued.

6:30 p.m.

Bar-B-Que at the Marshall County Sheriff's Office

SUNDAY, AUGUST 18

9:00 a.m. - 2:00 p.m. approximate

51st annual ISRLOA shoot

(Marshall County Sheriff's Office Range)

This is an Iowa State Reserve Law Officers Association sponsored function and all who attend must be members of the association.

DEADLINE FOR RESERVATIONS IS AUGUST 7, 2024

(Registrations not postmarked by August 7, 2024 will not be accepted.)

ABOUT THE SEMINAR

8:00 a.m. 9:00 a.m. **PERIOD 1 - Introductions/High Risk Vehicle Stops**

9:00 a.m. 9:15 a.m. **BREAK**

9:15 a.m. 12:00 p.m. **PERIOD 2 - High Risk Vehicle Stops**

12:00 p.m. 1:00 p.m. **LUNCH**

1:00 p.m. 2:00 p.m. **PERIOD 3 - Mental Resiliency**

The course is designed to teach the students the art of “responding verses reacting.” The emphasis is to take full advantage and control allowing them to respond with focus, purpose, and above all integrity and compassion.

2:00 p.m. 2:15 p.m. **BREAK**

2:15 p.m. 4:30 p.m. **PERIOD 4 - Mental Resiliency**

4:30 p.m. 5:00 p.m. **PERIOD 5 - Closing Comments and Certificates**

INSTRUCTOR

State Center Police Chief Jon Thomas



Summer 2024